

## **Small Business Insight Series - Speaker Biography**

### **Molly Fiore, Programming Director, SpeakUp ReachOut**

Molly Fiore works as a life coach, speaker and workshop facilitator. She is also the author of the 1<sup>st</sup> Place EVVY Award winning book, *Opting In* and soon to be released second book, *All In!* She has been a featured guest on many television and radio shows including the Lifetime Network. Molly is a graduate of the University of Santa Monica's Soul Centered Professional Coaching Program and holds a master's in business.

Molly devotes much of her time as an advocate for suicide prevention. She is a certified QPR trainer, ASIST Trainer, S.O.S. trainer, and teaches schools, clubs, businesses, and organizations about the signs of suicide and how to link someone to help and save a life. She is also the author of a 12-week life skills curriculum, *Super Class*; an experiential program assisting students in taking ownership of their life and empowering them to make self-honoring choices.