



Apex Management Group

About Apex



Who is Apex?

- **Apex is the preventative care component of the One Valley Healthcare Program.** The Apex plans are not an insurance product, but a self-funded plan sponsored by the Small Association Leadership Alliance (SALA) in which its members are eligible to participate. The Apex plans qualify as Minimum Essential Coverage (MEC) plans for preventative care coverage.
 - A MEC plan must cover 100% of the Centers for Medicare & Medicaid (CMS) listed preventative and wellness benefits. This coverage is the minimum the law allows for and has absolutely no sick coverage. A MEC plan is the coverage that large employers may be required to offer to avoid the “non-offering employer” penalty (Penalty A) under the ACA requirements.
 - [Click here](#) to view a complete list of covered preventative care services.
 - Starting with the 2019 plan year (for which you’ll file taxes in April 2020), the individual mandate penalty no longer applies. ([Source](#))

Apex Plans:

- [Click here](#) to explore the HDHP/Basic MEC plan
 - [HDHP FAQs](#)
- [Click here](#) to explore the Apex Advantage Plan
 - [Advantage Plan FAQs](#)

The Apex Network:

- Apex providers are in the PHCS network. [Click here](#) to see step-by-step provider search instructions.
- **Effective 1/1/19, Colorado Mountain Medical is part of the PHCS network!** Your doctor may or may not appear in provider search, as there is paperwork required for each and every doctor in the practice. This process will take some time but you may see your doctors at any CMM office.
- If you do not see your doctor or provider:
 - Bear with us! The VVP is working with all the local providers to ensure you have access to a wide variety of options.
 - Anyone can nominate a local provider to be part of the network. To nominate a provider, please visit: <https://www.multiplan.com/nominate/nominate.cfm?type=patient>

For Apex member services and question on benefits, claims, ID cards etc.: 866-826-5317

