



# TERMINOLOGY

## SEXUAL ORIENTATION

**An inherent or immutable enduring emotional, romantic or lack of sexual attraction to other people.**

## GENDER IDENTITY

**One's innermost concept of self as male, female, a blend of both or neither – how individuals perceive themselves and what they call themselves. One's gender identity can be the same or different from their sex assigned at birth.**

## GENDER EXPRESSION

**External appearance of one's gender identity, usually expressed through behavior, clothing, body characteristics or voice, and which may or may not conform to socially defined behaviors and characteristics typically associated with being either masculine or feminine.**



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## TRANSGENDER

**Transgender is an umbrella term for people whose gender identity and/or expression is different from the sex they were assigned at birth.**

## CISGENDER

**A cisgender person is one whose gender identity aligns with the sex assigned to them at birth**



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## QUEER

**Queer is often used as a catch-all to include many people, including those who do not identify as exclusively straight and/or folks who have non-binary or gender-expansive identities.”**

## NON BINARY

**Like the term transgender, nonbinary can be a standalone gender identity, or it can be an umbrella term. Some people who are nonbinary may also identify as transgender, while some may not.**

## GENDERFLUID

**A gender identity that changes with time and/or a given situation. This is opposed to a fixed gender identity.**



# PRONOUNS

Subjective	Objective	Possessive	Reflexive	Example
She	Her	Hers	Herself	She is speaking. I listened to her. The backpack is hers.
He	Him	His	Himself	He is speaking. I listened to him. The backpack is his.
They	Them	Theirs	Themselves	They are speaking. I listened to them. The backpack is theirs.
Ze	Hir/Zir	Hirs/Zirs	Hirself/ Zirself	Ze is speaking. I listened to hir. The backpack is zirs.

